



IMPLEMENT.CLUB @ jane-gardner.com

Presents

Strategy Sunday 1, 3 and 5 Year Goals

PURPOSE - VISION - LEGACY:

Use this page to write statements for yourself that help you clarify your purpose, passion and vision for your life. **WHY** are you setting the various goals you have in your life. **WHAT** is the true meaning behind your actions. Thinking about this daily will help you stay motivated and committed because you see the higher purpose behind all of your actions... especially when times get tough and you feel like quitting.

What is my personal mission statement? List one or more short phrases that help describe what you are trying to accomplish in your life...

Motivators and reasons WHY.

Write down one or more short phrases that you can use to remind yourself **WHY** the above statements are your mission....

If I'm living up to my highest potential, **other people would describe me as...** (use this question as a daily check point to see if your actions are in line with what you want the answer to be here)

YEARLY GOALS AND VISION:

Use this page to write down your ideal vision of the 5 years from now. If you get to the end of the 5 years, what would you have needed to achieve in order to consider it an above average, highly successful year?

Financial goals - Think about total revenue, personal income, total value of assets, etc... (whatever makes sense for you):

Health goals - Think about nutrition, energy levels, weight management, fitness levels, etc... (whatever makes sense for you):

Family, Relationship goals - Think about relationships with spouse, family members, children, etc... ((whatever makes sense for you):

Other goals - All other goals that don't fit the above 3 sections (whatever makes sense for you):

YEARLY GOALS AND VISION:

Use this page to write down your ideal vision for 3 years from now. If you get to the end of the 3 years, what would you have needed to achieve in order to consider it an above average, highly successful year?

Financial goals - Think about total revenue, personal income, total value of assets, etc... (whatever makes sense for you):

Health goals - Think about nutrition, energy levels, weight management, fitness levels, etc... (whatever makes sense for you):

Family, Relationship goals - Think about relationships with spouse, family members, children, etc... ((whatever makes sense for you):

Other goals - All other goals that don't fit the above 3 sections (whatever makes sense for you):

YEARLY GOALS AND VISION:

Use this page to write down your ideal vision for 1 year now. If you get to the end of the 1 year, what would you have needed to achieve in order to consider it an above average, highly successful year?

Financial goals - Think about total revenue, personal income, total value of assets, etc... (whatever makes sense for you):

Health goals - Think about nutrition, energy levels, weight management, fitness levels, etc... (whatever makes sense for you):

Family, Relationship goals - Think about relationships with spouse, family members, children, etc... ((whatever makes sense for you):

Other goals - All other goals that don't fit the above 3 sections (whatever makes sense for you):

So, keep your 5 year, 3 year, 1 year goal in mind when you next look at :

The Lifestyle you want:

The Time you want to spend on your business:

The Time you want to spend away from the business:

The income you want to make monthly when you breakdown your year income into

Quarterly

Monthly

Weekly

and even Daily

On the next training we will look at the MATH!

1 year from now your GOAL is to have _____

12 month income / 3 = Money per quarter =

12 month income / 12 = Money per month =

12 month income / 52 = Money per week =

12 month income / 375 = Money per day =

So, of course, it is cumulative and Daily money not as useful as per week or month but it will be an interesting exercise!

To follow the Strategy needed to get the money goals, keep on STRATEGY SUNDAY email at <http://jgtips.com/ssunday> and see you on next EXERCISE!